

# COURSE CATALOG



# WHO WE ARE

MedSpas, Dermatologist Offices, Surgery Centers Plastic and today are looking for employees capabilities beyond the with traditional Esthetic programming Licensed **Esthetician** and experience. Professionals who can bridge the gap between traditional esthetics and medicine are valuable but hard to find, and the demand for this new breed of Esthetic professionals is growing.

Located in Downtown Lancaster, we hope to enrich the lives of our community by providing training for businesses and professionals in the aesthetic industry.





Private Licensed IOMA is а School and Diploma Program for Medical Aesthetics and Aesthetic Lasers. Rather than issuing a certificate of completion, we are able to provide diplomas to our students. We aim to provide who complete those our with thorough programs knowledge and the skills to grow exciting, ever-changing in this industry of medical aesthetics!



### **Institute of Medical Aesthetics Course Catalog**

459 North Prince Street Lancaster, PA 17603

223.281.1560 | www.instituteofmedicalaesthetics.org

March 20, 2025

## **Table Of Contents**

Table Of Contents	3
Admission Requirements	5
Admissions Procedures at The Institute of Medical Aesthetics (IOMA)	5
Application Process	5
Enrollment & Required Documents	5
Enrollment Agreement:	5
License Submission & Admission Requirements:	5
How Licensure Affects Admission:	6
Program Format & Enrollment Details	6
Credits	6
Credit Hours	6
Credit Transfers	6
School Facility	6
IOMA Staff Availability & Office Hours	7
Lab Week (In-Person Students)	7
Distance Education (Online Students)	7
On-Site Office Hours (By Appointment Only)	8
Director Availability	8
Instructional Strategies	8
Delivery Modalities	8
Digital/Online Access	8
System Requirements	9
Operating Systems	9
Recommended Bandwidth & Hardware	9
Plug-Ins & Browser Settings	9
Technology Assistance	10
Classroom Responsibilities	10
Attendance Requirements	10
Make-Up Work & Extensions	10
Requesting a Program Extension:	11
Accommodations	11
Instructor Responsibilities	11
Student Termination Policy	11
Grade Breakdown Scale	12
Student/Teacher Ratio	12
Bursar's Office	12
Cost of Attendance	12
Medical Aesthetics	12
Medical Aesthetics Course Cost Breakdown	13

Aesthetic Lasers	13
Aesthetic Lasers Course Cost Breakdown	13
Extensions	13
Refund In The Event of Rejection	15
Termination Date	15
Period of Refund	15
Payment Plan Options	15
Full Payment Option	15
Standard Monthly Payment Plan	15
Extended Payment Plan	15
Employer & Group Training Discounts	16
Third-Party Sponsorship or Employer Reimbursement	16
Custom Payment Arrangements	16
Staff Directory	16
Director	16
CEO/Acting Director	16
Assistant Director	16
Director of Admissions/IT	17
Bursar	17
Medical Director	17
Questions or Concerns	17
Medical Aesthetics	17
Program Description	17
Program Objectives	17
Medical Aesthetics Program Calendar	18
Holidays	18
Medical Aesthetics Graduation Requirements	18
Aesthetic Lasers	19
Program Description	19
Program Objectives	19
Aesthetic Lasers Program Calendar	20
Holidays	20
Aesthetic Lasers Graduation Requirements	20
Courses	21
GEN101 - General Sciences	21
SKN101 - Skin Sciences	21
SKN102 - Advanced Aesthetics	21
MED101 - Medical Sciences	21
BUS101 - Business Skills	21
LAS101 - Comprehensive Laser Theory	22
LAS201 - Comprehensive Laser Lab	22

### Admission Requirements

In order to be granted admission to the Institute of Medical Aesthetics, one will need the following: Application Fee, Application for Admission, and Enrollment Agreement. Additionally, the applicant will need one of the following: Applicants must meet specific criteria, including: A current license or certification as an esthetician, cosmetologist, medical assistant, nurse, nurse practitioner, physician assistant, or physician. We do require proof of licensure during the application process. Students must also complete an <u>online learning assessment</u>, demonstrating your readiness for asynchronous coursework.

Please Note: In the state of Pennsylvania, medical aesthetic treatments and devices may only be utilized under the supervision of a medical director. We accept students throughout the United States of America. The student will be conferred a diploma upon successful completion of the program, but it is the student's responsibility to ensure that they are following the laws and regulations set forth by the state in which they practice, as they may differ from state to state.

### Admissions Procedures at The Institute of Medical Aesthetics (IOMA)

At IOMA, we aim to make the admissions process simple and accessible for students looking to advance their careers in Medical Aesthetics and Aesthetic Lasers. Below are the steps required to apply, enroll, and begin your education.

### **Application Process**

- Where to Apply: Applications are available online through our official website at <a href="InstituteofMedicalAesthetics.org">InstituteofMedicalAesthetics.org</a>.
- Application Fee Payment:
  - After submitting your application, you will be redirected to a secure payment portal to submit the \$100 application fee.
  - The application will not be processed until this fee is received.

### **Enrollment & Required Documents**

### **Enrollment Agreement:**

- Once accepted, students will receive an electronic enrollment agreement via
- This must be signed virtually before the enrollment process is finalized.

### License Submission & Admission Requirements:

- To enroll in our programs, students must hold a valid professional license in one of the following fields:
  - Esthetics License
  - Cosmetology License
  - Medical Assistant Certification
  - Registered Nurse License
  - Nurse Practitioner License
  - Physician Assistant License

- Physician License
- Applicants must submit a copy of their license in the virtual application.

### **How Licensure Affects Admission:**

- Applications will be rejected if a valid license is not provided.
- The license must be active and in good standing—if it has expired, the student will need to renew it before enrollment.
- Since state laws vary, students should verify that their license aligns with their state's scope of practice regarding medical aesthetics procedures.

### **Program Format & Enrollment Details**

- Medical Aesthetics Program: Fully online and accessible from anywhere.
- Aesthetic Lasers Program: Primarily online, with a one-week, in-person lab during the final week.
- Combining Programs: Students may enroll in both programs simultaneously, receiving credit for overlapping coursework.

For additional questions regarding the application process, required documents, or enrollment deadlines, please contact <a href="mailto:lnfo@InstituteofMedicalAesthetics.org">lnfo@InstituteofMedicalAesthetics.org</a>.

### Credits

### **Credit Hours**

Under 22 Pa Code, Chapter 73, the definitions are as follows:

"Credit hour—A unit of curricular material which normally can be taught in a minimum of 14 clock hours of instruction. For laboratory instruction, a credit hour represents a minimum of 28 clock hours. For shop instruction and practicum experiences, including externship/internship experiences, a credit hour represents a minimum of 42 clock hours." It is in this manner that credit hours were determined for the coursework at the Institute of Medical Aesthetics.

### **Credit Transfers**

At the present time, there are no opportunities for credit or clock hours to be transferred from another institution.

### **School Facility**

While most coursework is completed online, students enrolled in the Aesthetic Lasers Program will attend a one-week, in-person lab during the final week of their 8-week term. This hands-on training will take place at James Street MedSpa, located at 459 North Prince Street, Lancaster, PA 17603.

James Street MedSpa is a state-of-the-art, fully operational medical spa, providing students with the opportunity to learn and train in a real-world clinical setting rather than a traditional classroom. Under the guidance of experienced professionals, students will gain practical experience with advanced laser technology and medical aesthetic treatments, ensuring they graduate with both the theoretical knowledge and hands-on skills needed for success in the industry.

### **IOMA Staff Availability & Office Hours**

At the Institute of Medical Aesthetics (IOMA), we are committed to providing support to all students throughout their educational journey. Below is a breakdown of staff availability for both in-person and online students:

### Lab Week (In-Person Students)

- A Director, Assistant Director, instructor, or designated staff member will be on-site during lab hours to provide hands-on training, instructional guidance, and student support.
- Lab week occurs at 459 North Prince Street, Lancaster, PA 17603, and students attending in-person training will receive specific schedules outlining their session times.
- Outside of scheduled lab hours, staff are not available on-site. If students need additional assistance outside of lab hours, they may schedule an appointment or contact staff via email.

### **Distance Education (Online Students)**

- Faculty members and instructors are available in the Learning Management System (LMS) during designated hours to assist students with coursework, grading, and academic questions.
- Instructor Availability in LMS:
  - Monday Friday: 9:00 AM 5:30 PM EST
  - Response times may vary but students can typically expect a reply within 24-48 business hours for academic inquiries.
- Technology Assistance:
  - Technical support is available via email (Kassidy@InstituteOfMedicalAesthetics.org) for login issues, navigation support, or troubleshooting.
  - o Tech Support Hours: Monday Friday 9:00 AM 5:30 PM EST
  - Urgent requests submitted outside of business hours will be addressed on the next business day.

### **On-Site Office Hours (By Appointment Only)**

- While IOMA primarily operates as a distance education program, students who are local and require in-person support may request an appointment for administrative or academic assistance.
- Appointments must be scheduled in advance by contacting Kassidy@InstituteOfMedicalAesthetics.org.
- Availability for in-person appointments is not guaranteed outside of lab weeks.

### **Director Availability**

- IOMA's Director and Assistant Director oversee operations, compliance, and student support.
- While an Acting Director is not consistently present at the school outside of lab hours, leadership staff remain accessible via email and scheduled virtual meetings.
- An Acting Director or Director is available to students daily during business hours via LMS, phone, or email. While not present on-site during all hours, they maintain operational oversight in compliance with 22 Pa. Code §73.102.

If you have additional questions about office hours, staff availability, or support services, please reach out to Info@InstituteOfMedicalAesthetics.org.

### **Instructional Strategies**

The Institute of Medical Aesthetics utilizes a number of teaching methods to ensure students with different learning preferences are accommodated, as well as maximum retention of information. We combine a mixture of reading from various sources, instructional videos, quizzes, and a cumulative final exam for all of our available courses.

### **Delivery Modalities**

Distance education learning is the chosen platform for the majority of the IOMA programs and was chosen for the many benefits it offers students. Our Medical Aesthetics program is 100% online and our Aesthetic Laser Program is 77% online and 23% in person. This type of education has been adopted by schools and universities throughout the United States and will allow IOMA to be accessible to a larger set of students at a more affordable price. All classes will be delivered as asynchronous learning with the exception of the lab. All quizzes, exams, and assignments will be completed and submitted online via CIMA by 11:59 pm on the final date of the enrolled program.

### **Digital/Online Access**

Online classes are fully interactive. Using the CIMA platform, IOMA will send invitations to registered students via their provided email address with how to log in using their electronic devices and internet access. Prior to enrollment in the Institute of Medical Aesthetics programs, students will be directed to complete an online course readiness quiz available on the IOMA

website. This quiz is designed to identify the cognitive ability of each student to ensure preparedness and successful learning potential in a web-based environment.

Once the students are accepted and enrolled in the program, they will receive an email guiding them through the process of signing up for CIMA. At this time they will be able to access orientation materials including a short welcome video explaining what to expect, syllabi, introductions, and pre-assessment quizzes. Orientation is mandatory for each student. It should take no longer than one hour to complete and must be finished prior to the start date of the program so they have time to become comfortable with the CIMA platform.

### **System Requirements**

### **Operating Systems**

- Windows Windows 7, 8, 8.1, 10
- Macintosh macOS 10.13, 10.12 / OS X 10.10 -10.11 (High Sierra, Sierra, Yosemite, El Capitan)
- Chrome Chrome OS
- Mobile iOS 9+, Android (see below note for browsers)
- Browsers
- Windows Firefox versions 62 and 63, Chrome version 69 or later, Internet Explorer 11 (For Win 7, 10 only; limited functionality), Microsoft Edge 16 or later
- macOS/ OS X Chrome version 69 or later, Safari 11 or later
- iOS Safari 10 or later. Android devices are not officially supported at this time.
- Other browsers and versions than those listed might also work but are not supported. If you have problems when using an unsupported browser, try using a supported browser before contacting Customer Support.

### **Recommended Bandwidth & Hardware**

Internet: 5+ MbpsRAM: 4+ GB

CPU: 1.8+ GHz or betterDisplay: 1280×800 or higher

Users can test their connection speed by visiting the following link: http://www.speedtest.net/index.php

### Plug-Ins & Browser Settings

- First and third-party cookies must be enabled within the browser.
- Popups must be enabled within the browser.
- JavaScript must be enabled within the browser, which most browsers have installed and enabled by default. You can confirm that this is the case for your system.
- NOTE: You can <u>click here</u> to run this system information script to determine whether you have enabled JavaScript on your default browser.
- Adobe Reader is needed to print MindTap assignments and other content. <u>Adobe</u> Reader

### **Technology Assistance**

For technology challenges or questions, please utilize the CIMA help page or contact Kassidy Garland at 223-281-1560 or submit a helpdesk ticket by emailing Kassidy@InstituteOfMedicalAesthetics.org.

### **Classroom Responsibilities**

### **Student Responsibilities**

- Academic Integrity Students must maintain professionalism, active participation, and integrity in coursework. Plagiarism, including on quizzes and assignments, is strictly prohibited.
- **Participation** Engage in discussions, contribute to learning activities, and collaborate with peers.
- Complete Assignments on Time Timely submission of all coursework is required.
- **Follow CIMA Guidelines** Adhere to the structured learning process as outlined in the CIMA platform.
- Professional Communication
  - Avoid offensive language; present ideas respectfully.
  - Do not use all capital letters (this suggests shouting).
  - Use emoticons sparingly and only when necessary for tone.
  - Avoid slang or informal language that may lead to misinterpretation.
  - o Proofread and edit assignments before submission.
  - Seek feedback when necessary.
  - Humor is acceptable, but be mindful of its context and appropriateness.

### **Attendance Requirements**

It is important for the school to be notified when a student is not able to complete the assigned work on time. It is the student's responsibility to ensure that all work is completed before the end of the program. Extensions may be granted on a case-by-case basis for an additional fee.

Attendance will be earned and recorded by logging in and participating regularly to CIMA. Students may also earn attendance through the successful completion and submission of outside coursework.

For further information or additional questions, please contact your instructor.

### Make-Up Work & Extensions

All coursework, including quizzes, exams, and assignments, must be completed and submitted by 11:59 PM on the final date of the enrolled term. There are no interim deadlines; the only due date is the final day of the program.

If a student is unable to complete the required coursework by the end of the program, the only option for make-up work is to request an official Program Extension. Extensions are available for any program offered at IOMA, including the Medical Aesthetics Program and the Aesthetic Lasers Program.

### **Requesting a Program Extension:**

- Students must submit a formal Program Extension Request before the end of the scheduled term.
- Requests must be made in writing using the Program Extension/Leave of Absence Form and sent to Kassidy@InstituteOfMedicalAesthetics.org.
- Each request will be reviewed by IOMA faculty and approved on a case-by-case basis.
- If approved, students must sign a Letter of Agreement and pay a \$500 extension fee.
- The extension period and completion timeline will be determined by IOMA faculty.

Make-up work does not grant automatic additional time. Students must request and receive formal approval for an extension to complete any unfinished coursework beyond the scheduled term.

### **Accommodations**

If you have a documented disability and require academic accommodations, please notify your instructor as soon as possible. Students must provide appropriate documentation and meet with their instructor before the course begins to discuss accommodations.

### Instructor Responsibilities

- Provide a course syllabus at the beginning of each course.
- Evaluate student assessments, including quizzes, hands-on evaluations, and final exams, based on the syllabus grading criteria.
- Maintain accurate records of student attendance and grades.
- Administer unannounced quizzes or special projects at their discretion.

### **Student Termination Policy**

IOMA reserves the right to terminate a student's enrollment under the following circumstances:

- Failure to Meet Academic Requirements Students must maintain satisfactory academic progress and complete coursework on time.
- **Non-Payment of Tuition or Fees** Failure to pay tuition or adhere to an approved payment plan may result in termination.
- Violation of School Policies Breaches of IOMA's code of conduct, including dishonesty, plagiarism, disruptive behavior, harassment, or unprofessional conduct, may result in dismissal.

- Excessive Absences or Failure to Participate Students must actively engage in coursework and attend all required in-person training sessions. Prolonged absences without prior approval may lead to termination.
- Failure to Adhere to Licensing and Regulatory Requirements Providing false or misleading information regarding licensure may result in immediate dismissal.
- **Violations of State or Federal Law** Legal infractions impacting a student's ability to participate in the program or maintain licensure may result in termination.

Students dismissed from the program will receive written notification outlining the reason for termination and any applicable refund policies. Terminated students may submit a written appeal within 10 business days of receiving notification. Appeals will be reviewed on a case-by-case basis by IOMA administration.

### **Grade Breakdown Scale**

Grade Percentage	Letter Grade
100-90	А
89-80	В
79-70	С
69-60	D
59-0	F

Grade Percentage	Grade
100-70	Pass
69 & Below	Fail

### Student/Teacher Ratio

For all in-person classes, there will be **2** instructors for every **10** students. For online classes, 1 Instructor will be assigned to each student.

### **Bursar's Office**

Method of Payment: Payable by credit card or cashier's check only.

**Cost of Attendance Medical Aesthetics** 

• 8-Week Program

o Total Costs \$7,000.65

■ Application Fee: \$100.00

■ Digital Textbook and Software Fee: \$260.00

■ Tuition: \$6,640.65

### **Medical Aesthetics Course Cost Breakdown**

Program	Course Code	Course Name	Credit Hours	Cost
Medical Aesthetics	GEN 101	General Sciences	2	\$2,213.55
Medical Aesthetics	SKN 101	Skin Sciences	1	\$1,918.41
Medical Aesthetics	SKN 102	Advanced Aesthetics	3.5	\$737.85
Medical Aesthetics	MED 101	Medical Science	2	\$1,426.51
Medical Aesthetics	EST 107	Business Skills	.5	\$344.33
Total			9	\$6,640.65

### **Aesthetic Lasers**

• 8-Week Program

o Total Costs \$12,000.65

Application Fee: \$100.00
Software Fee: \$260.00
Textbook Fee: \$90.00
Tuition: \$11,550.65

### **Aesthetic Lasers Course Cost Breakdown**

Program	Course Code	Course Name	Credit Hours	Cost
Aesthetic Lasers	GEN 101	General Sciences	2	\$2213.55
Aesthetic Lasers	SKN 101	Skin Sciences	1	\$1,918.41
Aesthetic Lasers	MED 101	Medical Science	2	\$1,426.51
Aesthetic Lasers	LAS 101	Comprehensive Laser Theory	4	\$1,082.18
Aesthetic Lasers	LAS 201	Comprehensive Laser Lab	1	4910
Total			10	\$11,550.65

### **Extensions**

Students who are unable to finish the outlined material during the scheduled 8 weeks, may be granted an extension. These are approved on a case-by-case basis. All program extension

requests and leave of absence requests must be submitted in written form on the program extension/leave of absence form. To both request/submit a form, please email <a href="mailto:Kassidy@InstituteOfMedicalAesthetics.org">Kassidy@InstituteOfMedicalAesthetics.org</a>. Submissions will be reviewed by both the director and instructor on an individual basis. Upon approval of the request, a letter of agreement will be sent to the student to review and sign. Some acceptable reasons for extension considerations would be physical health: such as injury, chronic health, emergency, ongoing or long-term mental health, and bereavement: serious illness or death of a family member, guardian, or significant person in your life.

Approved extensions, for both online Programs and the lab portion, will require an additional fee of \$500 and a signed letter of agreement. All accommodations will be made to place students in the next available seat for both the online programs as well as the lab portion of the Aesthetic laser program. The program extension and leave of absence does not exceed 180 days in any 12-month period. If a student does not resume attendance at The Institute of Medical Aesthetics on or before the end of an approved leave of absence, the student will be considered to have withdrawn from the enrolled program. Students should be aware that there are a limited number of seats in each lab and are held 6 times a year. An 11th and 12th seat will be held to make accommodations for approved extensions.

### **Application Fee**

The application or registration fee is fully refundable if the student requests cancellation within 5 calendar days after signing the enrollment agreement, if the student cancels verbally. A request for cancellation which is not made in writing shall be confirmed in writing by the student within an additional period of 5 calendar days. The school may retain all of the fee after 5 calendar days or after 10 calendar days absent written confirmation, where required.

### **Tuition**

Tuition must be refunded if a student cancels prior to the completion of receipt of the first lesson. For a student canceling after the 5th calendar day following the date of enrollment, but prior to receipt by the school of the first completed home study lesson, monies paid to the school shall be refunded except the nonrefundable amount of the application or registration fee.

### **Online/Non-Resident Programs:**

- For a student canceling after the 5th calendar day following the date of enrollment but prior to receipt by the school of the first completed home study lesson, monies paid to the school shall be refunded except the nonrefundable amount of the application or registration fee.
- If a student enrolls and withdraws or is discontinued after submission of the first completed lesson, but prior to completion of the program, minimum refunds shall be calculated as follows:

- Up to and including completion of the first 10% of the program, the school shall refund 90% of the total tuition.
- Beyond completion of 10% of the program and up to and including completion of 25% of the program, the school shall refund 75% of the total tuition.
- Beyond completion of 25% of the program and up to and including completion of 50% of the program, the school shall refund 50% of the total tuition.
- o Beyond completion of 50% of the program, a student is entitled to no refund.

The percentage of the program completed shall be determined by comparing the number of completed lessons received for services by the school to the total number of lessons in the program.

### **Refund In The Event of Rejection**

An applicant rejected by the school is entitled to a refund of monies paid.

### **Termination Date**

The termination date for refund computation purposes is the last date of recorded attendance of the resident student or the date the nonresident student requests cancellation.

### **Period of Refund**

Refunds shall be made within 30-calendar days of the date the student fails to enter, leaves the program or fails to return from a leave of absence.

### **Payment Plan Options**

At the Institute of Medical Aesthetics (IOMA), we believe education should be accessible and flexible, which is why we offer a range of payment plan options to accommodate students' financial needs. Below are the details of our available plans:

### **Full Payment Option**

- Students may choose to pay tuition in full before the start of the program.
- This option ensures no additional processing fees and guarantees immediate enrollment.

### **Standard Monthly Payment Plan**

- Students can divide their tuition into equal monthly installments over the course of the program.
- Payments begin before the start date and continue in scheduled increments.
- A signed payment agreement is required to enroll in this option.

### **Extended Payment Plan**

- Designed for students who need additional flexibility, this plan allows tuition payments to be extended beyond the program duration.
- Requires an initial down payment before the program begins.
- Monthly payments continue after program completion until the balance is paid in full.

### **Employer & Group Training Discounts**

- IOMA partners with medspas, plastic surgery centers, and medical practices to offer group training rates for teams.
- Businesses may set up direct payment arrangements for employees enrolled in IOMA programs.
- Custom group pricing and payment plans are available upon request.

### **Third-Party Sponsorship or Employer Reimbursement**

- Students with employer reimbursement, scholarships, or third-party sponsorships may coordinate payments through our Bursar's Office.
- Documentation from the sponsoring entity must be submitted before enrollment.

### **Custom Payment Arrangements**

- IOMA offers customizable payment plans based on individual financial situations.
- Students may work with the Bursar's Office to develop a tailored payment schedule that aligns with their needs.

### **Important Notes**

- All payment plans must be arranged and finalized before the enrollment deadline (two weeks before the term start date).
- A signed payment agreement is required for all installment plans.
- Failure to meet scheduled payments may result in delayed enrollment, administrative holds, or withdrawal from the program.

### **Staff Directory**

Title	Name	Email	Phone Number
Director	Ashlee Ludwig	Ashlee@InstituteOfMedicalAesthetics.org	223.281.1560
CEO/Acting Director	Jamie Garland	Jamie@InstituteOfMedicalAesthetics.org	223.281.1560
Assistant Director	Rieley Bruso	Rieley@InstituteOfMedicalAesthetics.org	570.971.3247

Director of Admissions/IT	Kassidy Garland	Kassidy@InstituteOfMedicalAesthetics.org	223.231.5005
Bursar	Lynda Boulden	Accounts@InstituteOfMedicalAesthetics.org	484.788.9043
Medical Director	Dr. Nazafarine Keyvani	Dr.K@InstituteOfMedicalAesthetics.org	223.281.1560

### **Questions or Concerns**

Any questions or concerns will be directed to Kassidy Garland, Director of IT & Admissions, Kassidy@instituteofmedicalaesthetics.org.

The Institute of Medical Aesthetics (IOMA) is a privately licensed school. If you have any questions or concerns that are not satisfactorily resolved by our team, please contact:

State Board of Private Licensed Schools Division of Postsecondary Proprietary Training, Bureau of Postsecondary and Adult Education Mailing Address: 607 South Drive, Floor 3E, Harrisburg, PA 17120 717.783.8228 | www.education.pa.gov/PLS | RA-PLS@pa.gov

# **Programs**

### **Medical Aesthetics**

### **Program Description**

MedSpas, Dermatologist Offices, and Plastic Surgery Centers today are looking for employees with capabilities beyond the traditional Esthetic programming and Licensed Esthetician experience. Professionals who can bridge the gap between traditional esthetics and medicine are valuable but hard to find, and the demand for this new breed of Esthetic professionals is growing. The Medical Aesthetics program is designed for students who wish to pursue careers in the analysis, treatment, and maintenance of skin and conditions. The program emphasizes practical skills based on fundamental core esthetic knowledge and a medical background. Students will analyze the needs of the skin and determine various forms of treatments, as well as learn the skills needed to successfully find employment in the field.

### **Program Objectives**

Upon successful completion of this course, the student will have an understanding of:

- Key terms associated with medical aesthetics, anatomy, physiology, histology, chemistry, cardiovascular and lymphatic systems, and Biochemistry of the skin
- Understand Infection control
- Identification and analysis of advanced skin disorders, diseases, skin typing, skin care products, and ingredients
- Advanced aesthetic treatments, devices including dermaplanning, microneedling, terminology, and pharmacology

- Your role in Medical Aesthetics, working in a medical setting, medical terminology, and pre & post-care procedures.
- Adverse reactions and proper management, as well as safety, accuracy, and techniques
- The medical aesthetic industry, as well as, management and marketing of your career

### **Medical Aesthetics Program Calendar**

Term	Start Date	End Date
25IMA1	January 5, 2025	March 2, 2025
25IMA2	March 2, 2025	April 27, 2025
25IMA3	April 27, 2025	June 22, 2025
25IMA4	June 22, 2025	August 17, 2025
25IMA5	August 17, 2025	October 12, 2025
25IMA6	October 12, 2025	December 7, 2025
CLOSED	December 7, 2025	January 3, 2026

### **Holidays**

The Institute of Medical Aesthetics office will be closed on the following days:

- New Years Day
- Memorial Day
- Labor Day
- Thanksgiving
- Christmas Eve
- Christmas Day

### **Medical Aesthetics Graduation Requirements**

Course Requirements	Credit Hours
GEN101 - General Sciences	2
SKN101 - Skin Sciences	1
SKN102 - Advanced Aesthetics	3.5
MED101 - Medical Sciences	2
BUS101 - Business Skills	.5

\*To better understand how credit hours are determined, please review page 6 of this course catalog.

### **Aesthetic Lasers**

### **Program Description**

MedSpas, Dermatologist Offices, and Plastic Surgery Centers today are looking for employees with capabilities beyond the traditional Esthetic programming and Licensed Esthetician experience. Professionals who can bridge the gap between traditional esthetics and medicine are valuable but hard to find, and the demand for this new breed of Esthetic professionals is growing. The Aesthetic Lasers program is designed for students who wish to pursue careers in the treatment and maintenance of skin and conditions through the use of laser and other light therapies. The program emphasizes practical skills based on fundamental core esthetic knowledge along with a medical background. Students will analyze the needs of the skin and determine which lasers and treatments are appropriate. This course expects students to attend an in-person, intensive lab.

### **Program Objectives**

Upon successful completion of this course, the student will have an understanding of:

- Key terms associated with medical aesthetics, anatomy, physiology, histology, chemistry, cardiovascular and lymphatic systems, and Biochemistry of the skin
- Understand Infection control
- Identification and analysis of advanced skin disorders, diseases, skin typing, skin care products, and ingredients
- Your role in Medical Aesthetics, working in a medical setting, medical terminology, and pre & post-care procedures.
- Any reactions and proper management, as well as safety, accuracy, and techniques
- Equipment maintenance for safety and accuracy; management of safety and operation protocols of a variety of lasers
- Laser physics, the wavelength of lasers, light & radio frequency treatments, and how it relates to the skin
- Common conditions that can be treated by lasers, parameters, and endpoints, precautions and contraindications, and managing adverse reactions,
- Consultations and preparation of clients for pre and post-treatment
- Performing safe and effective laser treatments, precautions, and possible contraindications
- Skin typing and common conditions that may be treated utilizing lasers
- Parameters, endpoints, and managing adverse reactions
- Performing consultations and preparing clients for pre and post-treatment care

### **Aesthetic Lasers Program Calendar**

Term	Start Date	Lab Week	End Date
25IMA1	January 5, 2025	February 24-28, 2025	March 2, 2025
25IMA2	March 2, 2025	April 21-25, 2025	April 27, 2025
25IMA3	April 27, 2025	June 16-20, 2025	June 22, 2025
25IMA4	June 22, 2025	August 11-15, 2025	August 17, 2025
25IMA5	August 17, 2025	October 6-10, 2025	October 12, 2025
25IMA6	October 12, 2025	December 1-5, 2025	December 7, 2025
CLOSED	December 7, 2025	CLOSED	January 3, 2026

### Holidays

The Institute of Medical Aesthetics office will be closed on the following days:

- New Years Day
- Memorial Day
- Labor Day
- Thanksgiving
- Christmas Eve
- Christmas Day

### **Aesthetic Lasers Graduation Requirements**

Course Requirements	Credit Hours
GEN101 - General Sciences	2
SKN101 - Skin Sciences	1
MED101 - Medical Sciences	2
LAS101 - Comprehensive Laser Theory	4
LAS201 - Comprehensive Laser Lab	1
All courses must be completed in the above order with at least a 70%. Upon completion of this program, a student will receive a diploma.	*To better understand how credit hours are determined, please review page 6 of this course catalog.

### Courses

### **GEN101 - General Sciences**

The General Sciences covers a brief orientation and review of the global evolution of spas and treatments, as well as advanced education and employment opportunities and key terms associated with medical aesthetics. This course also aims to develop critical-thinking skills, while enhancing soft skills. Additionally, the orientation portion will include information regarding privacy laws and professional organizations and publications. The General Sciences course will include information regarding rules & regulations, privacy laws, professional organizations and publications, workplace safety, various maladies of the skin, infection control, advanced histology of the cell and the skin, the endocrine system, anatomy, and physiology of the muscles, nerves, and cardiovascular and lymphatic systems. General Sciences will also cover Chemistry and biochemistry and common skincare ingredients. (2 Credit Hours)

### SKN101 - Skin Sciences

The Skin Sciences course offers clear and up-to-date content considering every aspect of the skin, including skin disorders and diseases of the skin, maladies of the skin (including acne, sensitive skin, and the danger of sun exposure), skin types, the relationship between nutrition and stress, and conditions, and aging process, stressing the necessity of a comprehensive client consultation. The foundation on which most retail sales and medical prescriptions are built is covered in the skin care products' chemistry, ingredients, and selection. Students will also learn about the FDA and the drug approval process. (1 Credit Hour)

### **SKN102 - Advanced Aesthetics**

Advanced Aesthetics considers the actual treatment selection and practices in Medical Aesthetics, including those for Rosacea and sensitive skin. This course will also cover advanced facial devices, including skin analysis machines, microdermabrasion, Microneedling, dermaplaning, and LED light therapy. Terminology, pharmacology, and managing complications will also be reviewed. (3.5 Credit Hours)

### **MED101 - Medical Sciences**

The Medical Sciences course includes information regarding working in a medical setting, medical terminology, medical intervention, plastic surgery procedures, and an Aesthetician's role in pre- and post-medical treatments and procedures including surgeries, botox, and filler, as well as the proper treatment of adverse reactions, safety, and accuracy of techniques. This class is geared at preparing an Aesthetician in a number of medical settings including, medspas, dermatology offices, and plastic surgery centers. (2 Credit Hours)

### **BUS101 - Business Skills**

The Business Skills course contains information on creating financial and operational success in Medical Aesthetics. Career planning provides practical instruction on setting goals, preparing a resume, and preparing for an interview. Information on the skills of money management, communication, and marketing is also included. Students are also taught information on establishing one's own business, as well as tips to help recognize a successful business to join

as an employee and market themselves and/or the business. The course's conclusion concentrates on selling products and services (.5 Credit Hours)

### **LAS101 - Comprehensive Laser Theory**

The Comprehensive Laser Theory course will take a unique approach to the science and technology of laser and light systems. Students will be exposed to all aspects of this specialized field regardless of their place of employment. Detailed information on treatment protocols is explored starting with the initial consultation and skincare, the selection of the appropriate cosmetic device, and the delivery of the laser/light technology. The management of clients' goals and maximization of each treatment outcome is also emphasized in this course. Additionally, students will learn safety, machine maintenance, histology and cellular function, and the operation of lasers. Students will also learn to identify and manage common conditions that can be treated by lasers, precautions, contraindications, and adverse reactions, as well as prepare clients for pre and post-procedure care. (4 Credit Hours)

### LAS201 - Comprehensive Laser Lab

The Comprehensive Laser Lab course will be a clinical hands-on training course accompanying Comprehensive Laser Theory. Comprehensive Laser Lab will allow students to put into practice the concepts learned in the theory portion of this program.

The Comprehensive Laser Theory and the Comprehensive Laser Lab will work in tandem to take a unique approach to the science and technology of laser and light systems. Students will be exposed to all aspects of this specialized field regardless of their place of employment. Detailed information on treatment protocols is explored starting with the initial consultation and skincare, the selection of the appropriate cosmetic device, and the delivery of the laser/light technology. The management of clients' goals and maximization of each treatment outcome is also emphasized in this course. Additionally, students will learn safety, machine maintenance, histology and cellular function, and the operation of lasers. Students will also learn to identify and manage common conditions that can be treated by lasers, precautions, contraindications, and adverse reactions, as well as prepare clients for pre and post-procedure care.

Students will have an overview of the laser that will be highlighted for that particular day. Students will be watching demonstrations, after which they will be performing the treatments under the instructor's supervision. The course's daily conclusion will end with a quiz ( lab assessment) for the students after a strict overview of the performance of the laser. (1 Credit Hour)



# Elevating Medical Aesthetics Education

The Institute of Medical Aesthetics provides a high standard of continued education classes to licensed estheticians and medical professionals that are looking to advance their professional aesthetic careers. Earn your Medical Aesthetics or Aesthetic Lasers Diploma Now!

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